



GULF SOUTH CONFERENCE

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For Immediate Release
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2009 ALL-GSC SOFTBALL TEAM AND AWARDS

Birmingham, AL—The conference office has announced the 2009 All-GSC Softball Team and award winners.

UAH'S LAWSON CAPTURES EAST PLAYER OF THE YEAR AWARD

Alabama-Huntsville third baseman Beth Lawson won the *East Division Player of the Year Award*. Lawson has been an offensive force all year long, hammering the opposition throughout the course of the season. Lawson hit .456 (2nd-GSC) and slugged a conference best 1.029 for the Chargers. The junior third sacker clubbed 22 homeruns (T-1st-GSC) while reaching nearly 58 percent of her at bats. She also knocked in 73 runs (2nd-GSC) on the year.

UAM'S RANDALL NAMED WEST PLAYER OF THE YEAR

Arkansas-Monticello shortstop Lindsey Randall became the second Cotton Blossoms player to be named *West Division Player of the Year* in the past three seasons. Randall set the tone for UAM on both sides of the game, hitting .381 (10th-GSC) while manning the shortstop position for Arkansas-Monticello. The senior was in the league Top Ten in runs (51), hits (74) and total bases (120). She also tied for the conference lead in doubles, with 18 two-baggers on the year.

VSU'S LITTLEFIELD AND UAM'S JACKSON EARN FRESHMAN OF THE YEAR

Valdosta State shortstop Marti Littlefield was tabbed the 2009 *East Division Freshman of the Year*. Littlefield destroyed the GSC record for RBIs in a year, besting the previous record of 79 by 20. Littlefield tied for the league lead in homers (22) and had one of the best freshmen campaigns in conference history.

Arkansas-Monticello pitcher/first baseman Kayla Jackson wins the West Division award. Jackson did damage both in the circle and at the plate, helping push UAM to the second seed in the West. The freshmen had 47 runs batted in as a hitter while also topping the GSC in wins with 23. She won both a player and pitcher of the week award this season.

UWF'S LAFRANCE, UAM'S JACKSON GARNER PITCHER OF THE YEAR HONORS

West Florida's Jillian Lafrance and **Arkansas-Monticello's Kayla Jackson** earned East and West Division *Pitcher of the Year* honors, respectively.

Lafrance, a pitcher of the week winner this year, led the conference in innings pitched, throwing 204 frames for the Argonauts. She won 23 games (T-1st-GSC) and posted a 1.37 earned run average. The junior also punched out 200 batters

Jackson, also the *West Division Freshman of the Year*, is just the second player in GSC history to win both honors in the same year. Jackson also captured 23 victories, while throwing to the tune of a 1.18 ERA. She allowed just 34 earned runs on the campaign, holding down hitters to a .177 average against her.

COACH OF THE YEAR

UAH's Les Stuedeman is the *East Division Coach of the Year* for the second straight year and fifth time in her career. Stuedeman has pushed UAH to a 45-4 record and #1 ranking by the NFCA. The Chargers are also the top ranked team in the South Region.

The West Division honored **UAM skipper Alvy Early**, who improved from a fourth seed at the GSC Tournament in 2008 to a two seed this season. Arkansas-Monticello is 38-15 on the year, and has been ranked in the top ten of the South Region all throughout the season.

2009 ALL-GSC SOFTBALL FIRST TEAM

EAST DIVISION

<u>POS.</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>YEAR</u>	<u>B/T</u>	<u>HT</u>	<u>HOMETOWN</u>
P	Sage Woodham	UAH	Sr.	R/R	6-0	Daphne, Ala.
P	Whitney Hawkins	UAH	Jr.	R/R	5-10	Athens, Ala.
P	Jillian Lafrance	UWF	Jr.	R/R	5-10	Calgary, Alberta, Canada
C	Becca Aszman	VSU	Sr.	R/R	5-4	Peachtree City, Ga.
1B	Shannon Miles	UWF	Fr.	R/R	5-6	Shreveport, La.
2B	Lindsay Ellenburg	UWG	Fr.	R/R	5-7	Lawrenceville, Ga.
SS	Marti Littlefield	VSU	Fr.	R/R	5-9	Nashville, Ga.
SS	Kim Weaver	UWG	Sr.	R/R	5-2	Ft. Walton Beach, Fla.
3B	Beth Lawson	UAH	Jr.	R/R	6-1	Hazel Green, Ala.
OF	Kristina Prater	UAH	Jr.	R/R	5-5	Athens, Ala.
OF	Kelli Long	UAH	Fr.	L/L	5-5	Sterling, Ind.
OF	Melessa Jackson	VSU	So.	L/R	5-7	Grey, Ga.
OF	Valisha Fincher	UWA	So.	R/L	5-7	Tarrant, Ala.
OF	Candice Brown	UWG	Jr.	L/R	5-2	Melbourne, Fla.
UTIL	Caitlin Lee	UAH	So.	R/R	5-5	Birmingham, Ala.
UTIL	Alyssa Shirey	VSU	Jr.	R/R	5-7	Fairmont City, Pa.
C	Ashley Edgar	UWA	Sr.	R/R	5-2	Roseville, Calif.
2B	Kelli Hartley	UWA	So.	R/R	5-6	Northport, Ala.

East Division Player of the Year— Beth Lawson, Alabama-Huntsville

East Division Pitcher of the Year— Jillian Lafrance, West Florida

East Division Freshman of the Year— Marti Littlefield, Valdosta State

Coach of the Year— Les Stuedeman, Alabama-Huntsville

WEST DIVISION

<u>POS.</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>YEAR</u>	<u>B/T</u>	<u>HT</u>	<u>HOMETOWN</u>
P	Kayla Jackson	UAM	Fr.	R/R	5-9	Hallsville, Texas
P	Casey Hammons	ATU	Jr.	R/R	5-6	Carthage, Texas
P	Nikki Dunn	CBU	Sr.	R/R	5-7	Southaven, Miss.
C	Amy Mardis	UAM	Sr.	R/R	5-6	Burnet, Texas
1B	Tiphani Moon	ATU	So.	R/R	5-5	Euless, Texas
2B	Emile Hobbs	UAM	Jr.	R/R	5-6	Nacogdoches, Texas
3B	Katie Lenderman	SAU	Jr.	R/R	5-7	Plano, Texas
SS	Lindsey Randall	UAM	Sr.	R/R	5-7	Keithville, La.
OF	Becca Tipton	UAM	Jr.	L/R	5-7	Dermott, Ark.
OF	Sarah Pratt	ATU	Sr.	L/R	5-6	Garland, Texas
OF	Victoria Mathews	CBU	So.	L/R	5-8	Arlington, Texas
UTIL	Kristen Rigsbee	OBU	So.	R/R	5-6	Frisco, Texas
C	Roxie Palacios	ATU	Jr.	R/R	5-2	Crosby, Texas
SS	Brittany Eikner	DSU	Jr.	R/R	5-5	Grenada, Miss.
2B	Catherine Jones	HSU	Jr.	R/R	5-2	Nashville, Ark.

West Division Player of the Year— Lindsey Randall, Arkansas-Monticello

West Division Pitcher of the Year— Kayla Jackson, Arkansas-Monticello

West Division Freshman of the Year— Kayla Jackson, Arkansas-Monticello

Coach of the Year— Alvy Early, Arkansas-Monticello

2009 ALL-GSC SOFTBALL SECOND TEAM

EAST DIVISION

<u>POS.</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>YEAR</u>	<u>B/T</u>	<u>HT</u>	<u>HOMETOWN</u>
P	Holly Satterfield	VSU	So.	R/R	5-6	Chattanooga, Tenn.
P	Emily Burge	UWF	Sr.	R/R	5-8	Pace, Fla.
P	Kacie Crider	UWG	Sr.	R/R	6-0	Bremen, Ga.
1B	Emily White	UWA	Sr.	R/R	5-9	Ragland, Ala.
1B	Kara Pollock	UWG	So.	R/R	5-9	Lawrenceville, Ga.
3B	Andi Braswell	VSU	Sr.	R/R	5-5	Jacksonville, Fla.
3B	Laura Bagwell	UWA	Sr.	R/R	5-1	Ragland, Ala.
SS	Caurie Miller	UWF	Sr.	R/R	5-8	Orlando, Fla.
OF	Emily Roach	UAH	So.	R/R	5-6	Huntsville, Ala.
OF	Melissa Chastang	UWF	Jr.	R/R	5-3	Satsuma, Ala.
UTIL	Lauren Mills	UWA	Jr.	R/R	5-6	Saskatoon, Saskatchewan

WEST DIVISION

<u>POS.</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>YEAR</u>	<u>B/T</u>	<u>HT</u>	<u>HOMETOWN</u>
P	Morgan Rodgers	ATU	Fr.	R/R	5-10	Mansfield, Texas
P	Edie Oliver	DSU	Jr.	L/L	5-7	Grenada, Miss.
1B	Casey King	CBU	So.	L/R	5-5	Flower Mound, Texas
1B	Taylor Austin	OBU	Fr.	R/R	5-10	Canton, Texas
2B	Shanda Jameson	ATU	So.	R/R	5-7	Mansfield, Texas
SS	Stephanie Lasley	ATU	Fr.	R/R	5-8	Greenbrier, Ark.
OF	Katie Bowman	UAM	Fr.	L/R	5-6	Decatur, Ark.
OF	Brittany Tillery	DSU	Sr.	R/R	5-6	Starkville, Miss.
OF	Tori Gast	HSU	Sr.	R/R	5-5	Germantown, Tenn.
UTIL	Ashley Ray	HSU	Fr.	R/R	5-7	Wynne, Ark.

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